

# Active Travel Map

# Skipton

featuring Gargrave & Embsay



Walk. Bike. Bus. Train.

## Cycle Skipton

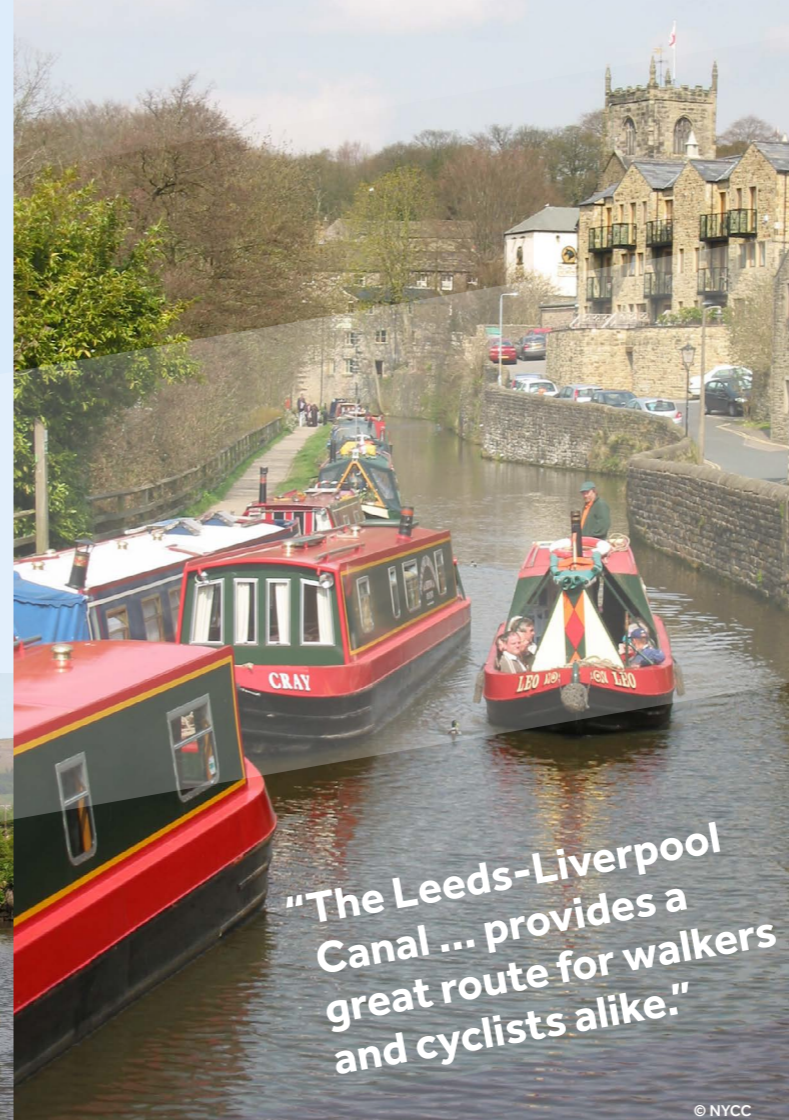
Skipton is a great place to cycle around, with fabulous scenery, quaint villages and country lanes for everyone to explore. The surrounding countryside provides some great challenges for the advanced cyclist and Skipton is part of the Tour de Yorkshire and UCI Road World Championships 2019 route for such reasons!

The Leeds-Liverpool Canal is 127 miles long and provides a great route for walkers and cyclists alike and an upgrade to the western section this year will make it an even better route connecting local communities and businesses.

The Yorkshire Dales Cycleway is designed to start and finish in Skipton. This 210km (130 mile) circular route goes through most of the major dales in the Yorkshire Dales National Park and proves to be a fantastic, yet challenging ride with some great scenery. For more information visit: [www.cyclethedailes.org.uk/route/yorkshire\\_dales\\_cycleway](http://www.cyclethedailes.org.uk/route/yorkshire_dales_cycleway)



© Paul Kirkwood, Sustrans



© NYCC

"The Leeds-Liverpool Canal ... provides a great route for walkers and cyclists alike."

## Benefits of Walking and Cycling

Active travel for our commute or for leisure is one of the easiest ways to get our recommended 30 minutes of daily exercise and what could be easier, and more enjoyable, than popping on some comfy shoes and taking a walk to the local shops, dropping your children off at school or cycling to work?

Walking is one of the cheapest ways to get around and doesn't leave a carbon footprint so it's ideal to help reduce air pollution and congestion in the town. But it also brings great benefits to you, helping to reduce stress and anxiety as well as being good for the waistline!



© Sustrans

Cycling is a great way to enjoy an active lifestyle and be healthier. Regular cycling can help you burn calories, reduce cholesterol, lower blood pressure and improve your sense of well-being. It's also a fun way to keep fit and explore the hidden treasures in your local area you may not see from the car.

The best route to cycle isn't always the way you would travel by car so don't be put off. This map will show you the recommended cycle routes and links to local cycle clubs, shops and route ideas.

## Good Cycling Code

- Cycle with care
- Always follow the Highway Code
- Be considerate to other users, and give way to pedestrians and horse riders
- Take particular care at junctions, when cycling downhill and on varying surface conditions
- Ride in single file on narrow or busy roads
- Consider wearing a helmet and high-vis clothing
- Cycle at a safe and responsible speed and cycle slowly where there is limited space and when you cannot see clearly ahead
- Take extra care when cycling beside waterways and give consideration to anglers and boat users.

This map has been produced through the 'Open Skipton' project which is a North Yorkshire County Council project funded by the Department for Transport Access Fund.

For more information:  
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Twitter: @OpenSkipton Facebook: Open Skipton

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## Connecting Your Journey

### Walking and Cycling

For information on cycling routes visit:

**Craven District Council**  
[www.cravendc.gov.uk/sport-leisure/cycling-in-craven](http://www.cravendc.gov.uk/sport-leisure/cycling-in-craven)

**Cycle the Dales**  
[www.cyclethedailes.org.uk](http://www.cyclethedailes.org.uk)

**National Cycle Network**  
For detailed mapping of the NCN visit [www.sustrans.org.uk](http://www.sustrans.org.uk)

For routes across North Yorkshire visit [www.northyorks.gov.uk/walks-horse-and-bike-rides](http://www.northyorks.gov.uk/walks-horse-and-bike-rides)

For information on Cycling Clubs visit Skipton Cycling Club [www.skipton.cc](http://www.skipton.cc)

For information on walking routes visit:

**Welcome to Skipton**  
[www.welcometoskipton.com/section/walking](http://www.welcometoskipton.com/section/walking)

**Walking for Health**  
[www.walkingforhealth.org.uk](http://www.walkingforhealth.org.uk)

**Rail to Trail walks**  
[www.communityraillancashire.co.uk/rail-to-trail](http://www.communityraillancashire.co.uk/rail-to-trail)

For more information on safer walking and cycling visit [www.roadwise.co.uk](http://www.roadwise.co.uk)

### Tourist Information

**Tourist Information Centre**  
35 Coach Street, Skipton, BD23 1LQ  
Tel: 01756 792809. [skiptontic@cravendc.gov.uk](mailto:skiptontic@cravendc.gov.uk)

### Bus

These companies operate routes in and around Skipton:

**Keighley Bus Company**  
[www.keighleybus.co.uk](http://www.keighleybus.co.uk)

**Dales Bus**  
[www.dalesbus.org](http://www.dalesbus.org)

**North Yorkshire County Council**  
[www.northyorks.gov.uk/bus-timetables](http://www.northyorks.gov.uk/bus-timetables)

**Preston Bus**  
[www.prestonbus.co.uk](http://www.prestonbus.co.uk)

**First West Yorkshire**  
[www.firstgroup.com/leeds](http://www.firstgroup.com/leeds)

**Transdev/Lancashire Bus**  
[www.lancashirebus.co.uk](http://www.lancashirebus.co.uk)

### Train

To keep up to date on train times and tickets from Skipton station visit [www.northernrailway.co.uk](http://www.northernrailway.co.uk). There are 20 cycle storage spaces available between Platform 1 and 2 that are secure, dry and covered by CCTV so you could even cycle to the station! Plus there is also space on all trains for at least 2 bikes.

**National Rail Enquiries**  
Tel: 03457 484950 or visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

**Settle-Carlisle Railway**  
[www.settle-carlisle.co.uk](http://www.settle-carlisle.co.uk)

**Leeds, Lancaster & Morecambe**  
[www.communityraillancashire.co.uk](http://www.communityraillancashire.co.uk)

### Bike Shops

The Skipton area has a host of cycle shops:

**Chevin Cycles:** [www.chevincycles.com](http://www.chevincycles.com)  
11 High Street, Skipton, BD23 1AJ  
Tel: 01756 799 367. [info@chevincycles.com](mailto:info@chevincycles.com)

**Dave Ferguson Cycles:** [www.davefergusoncycles.com](http://www.davefergusoncycles.com)  
3 Albion Yard, Skipton, BD23 1ED  
Tel: 01756 795367. [info@davefergusoncycles.com](mailto:info@davefergusoncycles.com)

**Riders Cycle Centre:** [www.riderscyclecentre.com](http://www.riderscyclecentre.com)  
Unit 3, Sidings Business Park, Skipton, BD23 1UP  
Tel: 01756 796844. [riderscyclecentre@live.co.uk](mailto:riderscyclecentre@live.co.uk)  
**NB: Bike repair workshop**

**Paceline Cycles:** [www.pacelinecycles.com](http://www.pacelinecycles.com)  
Station Road, Crosshills, Keighley, West Yorks, BD20 7DT  
Tel: 01535 635 015. [mark@pacelinecycles.com](mailto:mark@pacelinecycles.com)

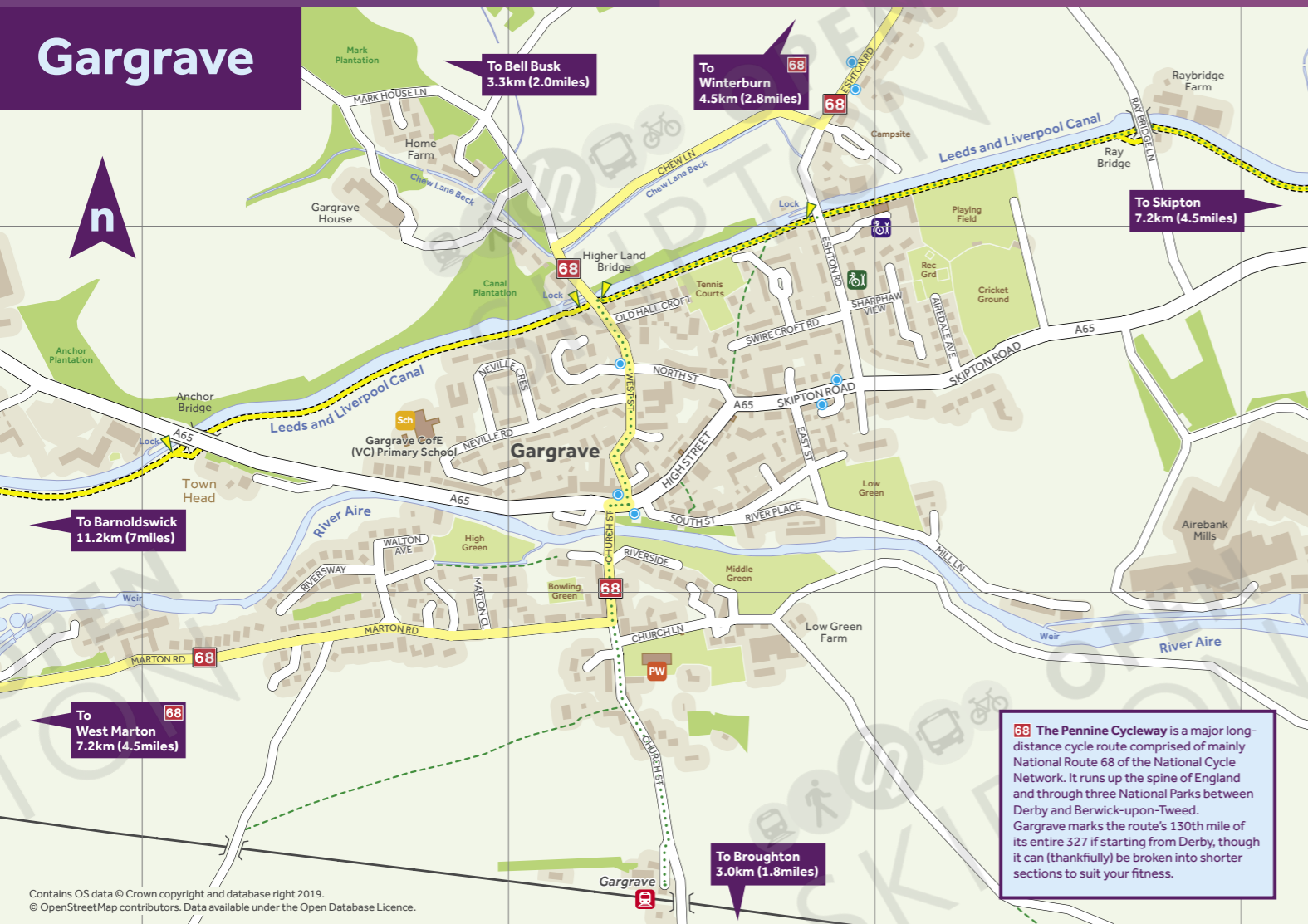
**Aurelius Cycles:** [www.aureliuscycles.com](http://www.aureliuscycles.com)  
Unit 1D, Asquith Industrial Estate, Gargrave, BD23 3SE  
Tel: 01756 748088. [aureliuscycles@gmail.com](mailto:aureliuscycles@gmail.com)  
**NB: Custom bikes/workshop**

**Wheelbase:** [www.wheelbase.co.uk](http://www.wheelbase.co.uk)  
25 Skipton Road, Ilkley, West Yorkshire, LS29 9EW  
Tel: 01943 816101. [ilkley@wheelbase.co.uk](mailto:ilkley@wheelbase.co.uk)

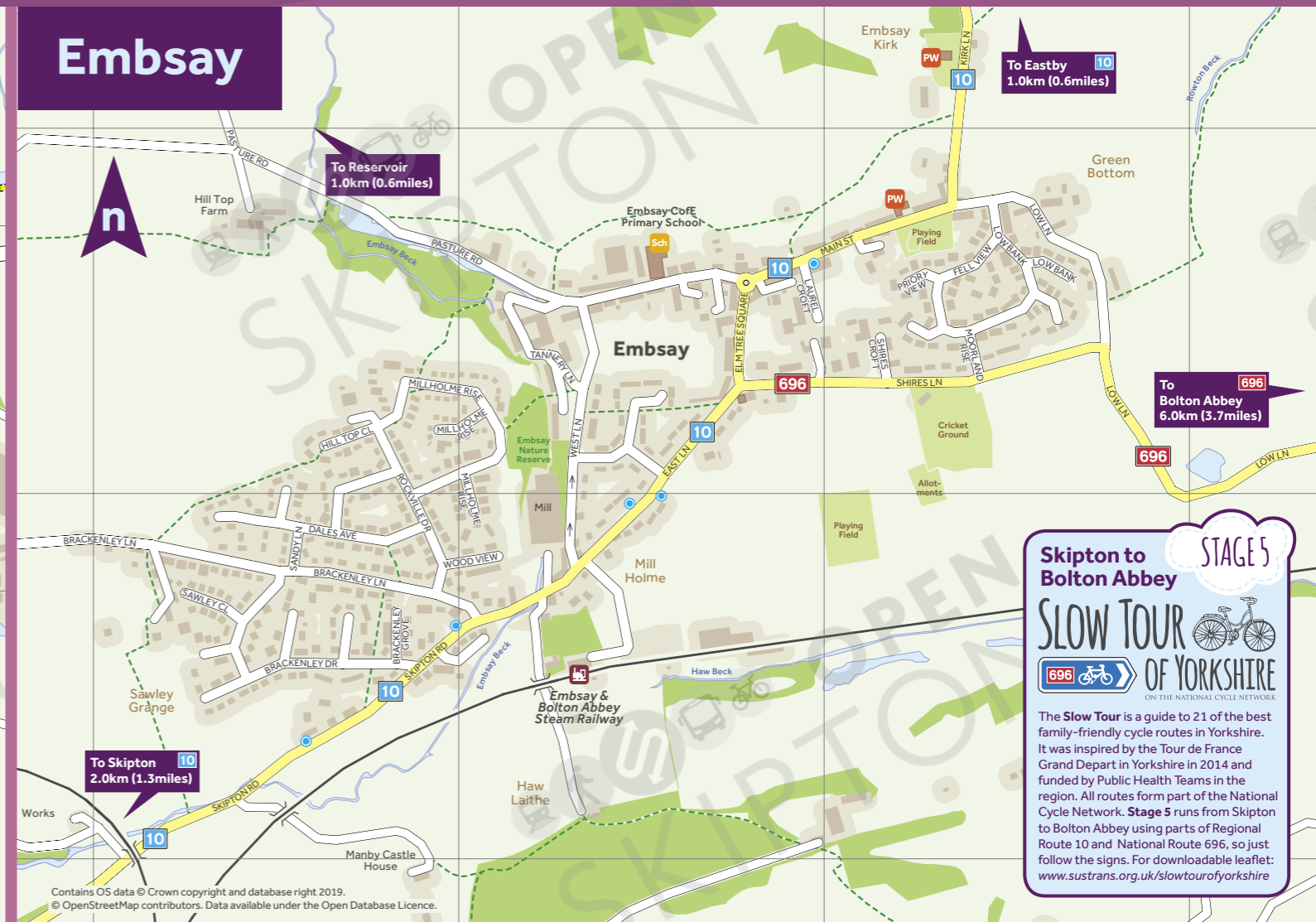
**Halfords Keighley:** [www.halfords.com](http://www.halfords.com)  
Unit 2, Keighley Retail Park, Keighley, BD21 3NJ  
Tel: 01535 600479. [customer.services@halfords.co.uk](mailto:customer.services@halfords.co.uk)

**J.D. Tandems:** [www.tandems.co.uk](http://www.tandems.co.uk)  
Unit 1 Cawood Ho., Asquith Ind Est, Gargrave, BD23 3SE  
Tel: 01756 748400. [info@tandems.co.uk](mailto:info@tandems.co.uk)

## Gargrave



## Embsay





# Skipton



**10** The Yorkshire Dales Cycleway (YDCW) is a superb but challenging 210km (130 mile) circular route visiting most of the major dales in the Yorkshire Dales National Park. It is designed to be started and finished in Skipton, but it can be started at any point, or divided into sections to suit your fitness.

To Cracoe & (888) Way of the Roses 7.6km (4.7miles)

To Embay 1.2km (0.7miles) (See over)

To Gargrave 6.2km (3.8miles) (See over)

To Elslack 4.7km (3.0miles)

To Cononley 2.5km (1.5miles)

You can cycle on the canal towpaths but remember, pedestrians have priority so share the space and reduce your speed.

Approx. 12-minute walk or 4-minute cycle to/from the centre

Approx. 24-minute walk or 8-minute cycle to/from the centre

Each grid-square on this map represents half a kilometre

It takes approximately 6 minutes to walk or 2 minutes to cycle half a kilometre

### Key

- Advisory cycle route
- Traffic-free cycling and walking route
- National / Regional Cycle Network route number
- Rail to Trail Walk route (Gargrave to Skipton)
- Pedestrian route
- Bridleway
- One way / Cycle lane
- Bus stop / Steep hill (Arrow points downhill)
- Rail station / Heritage railway
- Bike shop / repairs
- Bus station / Hospital
- Museum / Sports centre
- Primary / Secondary School
- Further Education / Place of Worship
- Isochrone line
- Towpath access point

